

2015-2016

**University of California, San Francisco's
Phi Delta Chi Chapter
presents**

THE ZETA REFLECTOR



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Letter from the Editor:

Dear Readers,

Come one, come all! Let's explore the adventures of Zeta chapter in the past year! It truly has been an amazing year that started out just right with record number of new pledges. As the year progressed, each event brought the new and older brothers closer together and helped to forge stronger bonds of comradery and brotherhood. The old board really worked hard to make the incoming Class of 2019 feel welcomed in a new city and new school. Now, as the torch has been handed down to the new board, this excitement and passion for PDC has definitely been passed on too with the new board already working hard to prepare for the reception of the next year's P1 class.

I hope you all enjoy this year's Reflector, as we look backwards and reflect upon all the fond memories that have been made this year by Zeta chapter. I feel honored to have been given the opportunity to organize this publication and make the voices of my fellow brothers heard as they share the favorite moments with all the readers. Thank you for taking the time to catch a glimpse of our chapter's adventures!

~Alterum Alterius Auxilio Eget~

Sincerely,

Eva Duvalyan



Outgoing Board



Incoming Board



This past year has been an exciting year for the Zeta Chapter -- one filled with both challenges and milestones. Most notably, we welcomed our largest pledge class in years and watched them raise the bar for future pledge seasons with their creativity and enthusiasm. Our chapter participated in the Pacific Regional Conference in Sacramento and returned with ideas for the future direction of our chapter. Brothers came together to spend countless hours planning and preparing for our rush events, fundraisers, and professional projects, but also found some time to unwind by packing up the van for Tahoe and escaping to the wine country.

We invite you to reminisce with us by flipping through the pages of this year's Zeta Reflector. In it, you'll find that this publication is more than just a record of a year's worth of our accomplishments. It attempts to capture the spirit of family and brotherhood that exists here at the Zeta Chapter of Phi Delta Chi.

I would like to wrap up by expressing my gratitude for this opportunity to serve as the Worthy Correspondent for the 2015-2016 school year. It has been a tremendously rewarding experience, one that would never have been realized without the support and encouragement of my brothers. They gave me confidence when I had little, taught me the value of true teamwork, and continue to inspire me with their selflessness and dedication.

Author: Jasmine Kim



OutGoing Wc

Outgoing WCC

In my first year of pharmacy school, the wonderful PDC brothers of the Zeta chapter convinced me to join a fraternity, something I had not ever considered. In my second year, I decided to serve as Worthy Master-at-Arms and help welcome in a spirited pledge class. Now, at the end of my third year I wrap up my time as the Worthy Chief Counselor for our chapter. As I look back on these three years, I really can't imagine my life in pharmacy school without PDC. The fraternity has given a lot to me. It provided me with incredibly kind and thoughtful brothers that shared many study sessions, dinners, and karaoke hangouts with me. The camaraderie extended out to brothers from other chapters, as I witnessed through my time at Grand Council.

Since my final year rotations are in LA, it will be a while before I see a good portion of my PDC family. It will be a little tough not seeing those familiar faces every day, but I have a lot of irreplaceable memories that will tide me over. I became part of a wonderful family line with an inspiring big, a witty twin, and two hilarious littles. I developed some leadership skills working with some excellent boards. I even had the chance to welcome one of the largest pledge classes we have had in chapter history! As I transition closer to becoming a full-fledged pharmacist, I am excited to see the future of the chapter and the whole fraternity. No matter where the job and life take me, I know I'll always find a welcoming home at the Zeta chapter house.

Author: Luis Perez



Incoming WCC

WE'RE GOING TO NEED A BIGGER HOUSE

by Kevin Tran, WCC

Hello hello! My name is Kevin Tran and I am honored to be Zeta chapter's newest Worthy Chief Counselor. The WCCs that have come before have each left a remarkable legacy of leadership that ultimately led to one of our greatest expansions of our PDC family this past year, and I will continue their legacy by working together with my board to bring Zeta yet another exhilarating year.

If you told my freshman self back in undergrad at UC Davis that he would be leading a professional fraternity in six years, he would have laughed in disbelief. However, I had a much different sense of what a fraternity was back in those days. The PDC fraternity to me is a place where you can be accepted for who you are, a home away from home, and a family that will be there for you in your darkest moments and help you grow from them.

One of the things I enjoy most is bringing out the best in people, which is why I took up the mantle of WCC. I am excited to collaborate with my fellow amazing brothers who make up Zeta's board, helping to bring out everyone's unique strengths to the table, and further expand our happy family!



Incoming WVC

Hi PDC Brothers!

My name is YeeAnn Chen, and I am excited to serve as the Worthy Vice Counselor for this year. Here's a little about myself, and my journey with PDC: As an undergraduate at UC Berkeley, I was very active in organizations that allowed me to naturally bond with others through common passions in dancing and tutoring. When I entered UCSF, I was hesitant to join a fraternity, because I had assumed that there would be a culture of being inorganically "forced into friendship". Slowly, however, the sincerity of PDC won me over. Everyone seemed so approachable and willing to help, truly exemplifying the meaning behind *Alterum Alterius Auxilio Eget*. While pledging took up a good chunk of time, it was then that I began to not only bond with my classmates, but also be able to continue expressing my passions.

I made a promise to myself that I wouldn't run for any leadership position unless I was sure that it was something that I would truly enjoy. While I hum and hawed through considering other leadership positions, WVC stood out to me right away. It seemed to perfectly combine my interests in leadership through academics, working with others as a team, and giving back to the fraternity that had made such a large impact on my P1 year. As WVC, I plan on renovating the style of the OTC pocketbook, holding review sessions, and stepping in whenever there is a need. My continuously growing love towards PDC has made me extremely loyal, and I look forward to working with the other board members this year!



Incoming WC

Dearest brothers,

My name is Eva Duvalyan and I am very excited to be the 2016-2017 Worthy Correspondent! A little bit about myself: I was born in Armenia but grew up for most of my life in the suburban town of Pleasanton, CA. For my undergraduate career, I spent four years at UC San Diego majoring in Pharmacological Chemistry and minoring in Linguistics. In my free time (not quite sure what that means anymore though...), I do love to read, travel, and spend time with friends and PDC brothers!

With so much going on in pharmacy school, it can be difficult to commit to extracurricular activities, especially positions in student orgs. However, I knew early on that I would love to be the WC for PDC! Ever since I can remember I've loved journalism, writing, and telling stories for others to enjoy. With that in mind, I am eager to share Zeta chapter's story with brothers across the country. PDC has really made UCSF feel like a second home and I know I want to give back to the organization that has provided such a warm welcome to me and my fellow classmates. I think I speak for all of us when I say that PDC will be integral to making the next four years of pharmacy school one of the most memorable times in our lives!

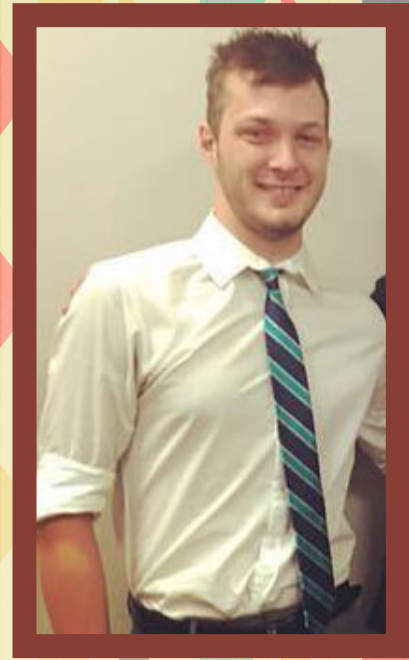


Incoming WKF

Hello, everyone!

I am Casey Duckwall, and I am from a small town in Kentucky, but I have lived in Nashville, TN for the last 9 years! Moving to San Francisco has been eye-opening on a number of levels, but I treasure the opportunity to experience a new part of the country especially one so varied as SF.

As Worthy Keeper of Finance, I am responsible for the finances of our chapter. Day to day duties include budgeting for events as well as reimbursing members for their expenditures. I am the individual responsible for collecting and setting membership dues for our chapter. PDC also fundraises for St. Jude Children's Research Hospital, and these events are typically spearheaded by the WKF. All in all I look forward to a great year spent with great brothers!



Incoming Social Chair



Hi, my name is Brian Ngo!

When I first joined PDC, I did not realize how much of an impact that this fraternity was really going to have on me. I decided to join PDC because I really liked the idea of brotherhood and having the opportunities to get closer to others. However, to my pleasant surprise, PDC has definitely exceeded all my expectations and is such a positive part of my pharmacy school experience. PDC has become like a family to me and is a place where I feel like brothers can come as they are and do not need to feel like they need to be anyone other than themselves. After having seen the previous board and the amazing work that they have done during this past year, I knew that I wanted to follow in their footsteps and become the Social Chair for this year's PDC Board. My main goal is to put forth my best efforts to make sure that the fraternity can maintain its excellence for future brothers to come. In addition, I truly enjoy interacting with others and I get so much positive energy when others are having a good time. As the Social Chair, I really want to plan events that are able to create an environment that allows for brothers to connect and form lifelong bonds. Another thing that I want to do is to ensure that there's a wide variety of well thought out events that really encourage brothers to come out and provides them with an outlet to manage their work-life balance.

Incoming Prelate

Hi, my name is Engie Salama! If you had told me while I was still an undergraduate at USC that I would join a fraternity in pharmacy school, I would have scoffed and rolled my eyes at you. Based on my experience, fraternities were a bastion of privilege full of white, wealthy, and exclusive “frat brothers” and “sorority sisters.” I had nothing but disdain for the Greek community, because the fraternities were famous for their extravagant parties, drunken revelry, and questionable practices.

Yet at UCSF, I was pleased to discover that PDC truly upholds the purpose of Greek fraternities. Indeed, our values of brotherhood and the motto of *Alterum Alterius Auxilio Eget*—“Each Needs the Help of the Other”—resonated strongly. I felt very isolated and lonely during my first quarter of pharmacy school, but PDC offered me the opportunity to find the family and community I craved. PDC is a group of fun-loving, compassionate, helpful and overall WORTHY people. I aim to serve my brothers as Worthy Prelate by capturing beloved memories, as well as furthering their professional goals. This quarter, I focused on working with the past Worthy Prelate to create the PDC Composite for 2015-2016. In the fall, I plan to organize a “Professional Head-Shot” day for our brothers, as well as a “Board Photo-shoot” to create glamour photos encapsulating our board members’ unique spirits.

I want to be Worthy Prelate for one reason above all: to make my brothers smile, and to capture those smiles forever in beautiful photographs.



Incoming WKRS

Hi everyone! My name is Karisa Wymer and I’m the Worthy Keeper of Records and Seals for 2016-2017.

I’m from a small town in Southern California. My favorite color is purple, though many things I own are a minty green color. I love all sorts of potatoes, and binge watching TV shows. I’m also thrilled to be your Worthy Keeper of Records and Seals for next year!

As your incoming WKRS, I’m excited to work with the rest of the board to make next year’s rush season the best one yet. I plan on updating the exam box this summer with recent tests, taking thorough minutes at our board meetings, emailing reminders to our brothers, and being an awesome presenter of the Officer and Brother of the Quarter awards. Overall, PDC helped me feel welcomed in such a large city, so I can’t wait to hopefully make the same impression on the new pledges. I feel like I have really found my “pharmily” in PDC and I want to give my best efforts to develop even stronger relationships with my brothers and the incoming pledges next rush season!



Incoming WIGs



Hi! My name is Carol Lee, and I will be a Worthy Inner Guard for this upcoming 2016-2017 rush season! I come from the suburban city of Cerritos in southern California and graduated from UCLA in biology and English. During every major transition of my life (moving around as a kid, moving to LA, and now coming here to UCSF), I seek comfort and familiarity in the building of new, meaningful friendships. And with PDC, I didn't have to look very far. Every single person I met and spoke with at the rush events was welcoming, truly interested in what I had to say, and offered her/his friendship freely. I saw how close the brothers were – their support for one other almost tangible – and knew then that PDC was for me. Now as a brother myself, I finally understand how brotherhood feels. More importantly, I see how much meaning it has added to my first year pharmacy school experience, and that's why I wanted to be WIG.

Along with my fellow WIG Cesar, I plan to make rush as welcoming and fun an experience as it was for me. I also want to make rush as fluid and easy a process as possible for both the P1s and brothers. Ultimately, I want to show the incoming P1s that something so simple as support and kindness can make all the difference. AAAA! ~Carol

¡Hola Hermanos!

My name is Cesar Rodriguez and I am your 2016-2017 Worthy Inner Guard. I am honored to have this position and grateful for the sincerity and guidance I have received from my PDC brothers of the Zeta Chapter. I graduated from UCLA with a Bachelor's degree in chemistry and took time off after my undergraduate career to explore and find my career path. After working as a pharmacy clerk for 2 years at UCLA, I discovered my interest in pharmacy. Even though I am a Los Angeles native, I took a leap of faith to come to UCSF due to the many opportunities available. I have no regrets moving to San Francisco since I found my PDC brothers here, and I am happy to call you all my pharmily.

Through the PDC rush/pledge events, I was able to experience the dedication and generosity of my Brothers, and I was in an environment where I was able to be myself. As Worthy Inner Guard, I plan to work with my fellow WIG Carol Lee to plan exciting and engaging activities for rush to help further the bond between Brothers and prospective pledges. I plan to extend the same kindness I received from my Brothers to future pledges.



Incoming WMAs

Hi everyone! My name is Annie Chang (or Channie as I am usually called), and I am the 2016-2017 WMA. Even though I am a proud Utahn born and raised, my heart goes to the Bay Area after four years at UC Berkeley. As a well-known foodie, when I am not studying, I am always eating and trying new restaurants and food and drink places around San Francisco or writing food articles for Synapse, the UCSF student newsletter.

My passions and experiences for planning, organizing, and taking the initiative to bring people together led me to run for the WMA position. The selfless and genuinely friendly personalities of the brothers inspired me to pass on that same care and support for the next incoming class, and I look forward to working with fellow WMA Peter Nguyen to make the pledging experience as fun, memorable, and worthwhile as possible.

Collaborating with my amazing board, I hope to keep the family feel alive for a home away from home for the pledges as well as the brothers.



Dear person reading this,
My name is Peter Nguyen and I am the WMA for the 2016-2017 year. I'll be honest, I never thought in a million years that I would be pledging for a fraternity, and here I am now, 100% all in. Why? Because the brothers made me feel like I had a family away from home. To me, PDC was not just another bullet point to put on your resume. Rather, it was a wonderful support system to help us feel at home in a completely different environment than many of us were used to.

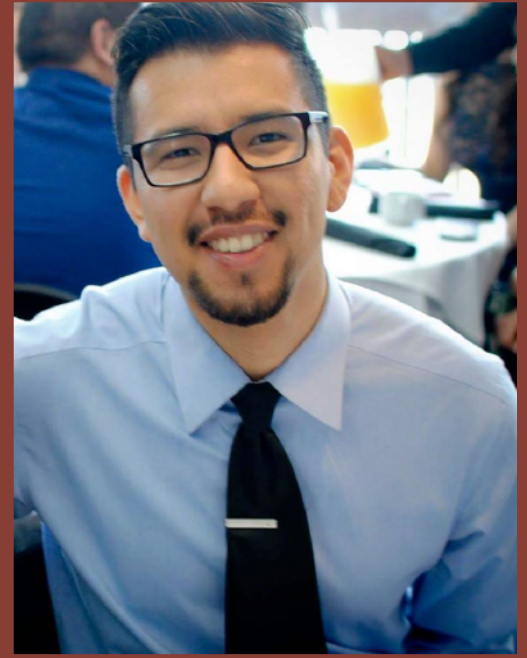
I wanted to become the WMA because, if there is one thing I'm good at, it is bringing people closer, which is an absolute must for pledges to feel like they belong in this family. Get ready P1's, my partner, Annie Chang, and I have quite the chemistry between us. This pledging season is going to be a blast.



Incoming Webmaster

Hello! My name is Jose Tinajero and I am from sunny Southern California. I completed my undergrad there and was hesitant on moving so far away from home when deciding on schools. Phi Delta Chi offered me that sense of family and home that I missed. Following my white coat ceremony, my family was invited out to eat by members of PDC at a local restaurant (which is now my favorite Thai place).

As the webmaster, I will assist members of the board in organizing information, updating and trouble shooting the PDC website, and helping out with the pledging process.



Incoming WAL

Hello! My name is Thanh Tu, the 2016-2017 Worthy Alumni Liaison.

Being a SoCal girl all my life, my transition in San Francisco was rough at the beginning. Therefore, I am grateful to have found a family in PDC. What I find most amazing about the people of UCSF, especially the wonderful individuals that I've had the chance to meet in PDC, is that everyone is always so humble and generous with their time. There's never a day that I don't feel welcomed here. The conversations I've shared and relationships I've built are exactly the reason why I want to not only be apart of the family that is PDC, but also to contribute and grow with PDC by being the Worthy Alumni Liaison. Why? It's simple, I love the connections I have made and I want to give back. I will work hard to bring these opportunities to future pledges and brothers. Pharmacy is a small world and we all need the help of the other. I am thrilled to help my fellow brothers and alumni build stronger bonds this year!





ZETA ROSTER

Class of 2016

Adele Feng
Alice Chyan
Alicia Wong
Anna Gruzman
Annie Chou
Daisy Wong
Derek Phan
Dorie Wang
Jeffrey Kim
Ion Suehiro
Jessica Yu
Johnny Chin
Joshua Smith
Julia Choi
Julia Mwangi
Krizia del Rosario
Lien Truong
Mariko Yokokura
Mark Yu
Mee Moua
Mary Zhang
Mike De Guia
Nancy Wong
Nancy Ta
Peter Truong
Phyllis Wang
Sean Moshrefi
Stephanie Wong
Stephanie Wu
Sum Liu
Tamara Ly
Tiffany Lam
Tom Zhao
Uyen Duong
Vicky Cao
Yuumi Miyazawa

Class of 2017

Anita Lee
Amorette Jeng
Carol Ho
Cassandra Lei
Christina Szeto
Danning Ma
Edna Cheung
Elaine Mac
Esther Chung
Fiona Wong
Gaohlie Yang
Hai Duong
Helen Kay
Isabel Fong
Jacqueline Tam
Jenny New
Joanie Wen
Katherine Huynh
Katherine Tran
Ken Yang
Khanh Nguyen
Leanne Thai
Leo Savage-Low
Luis Perez
Nozomi Giese
Rachel Kim
Sophie Nguyen
Stephanie Ho
Tony Tran
Trisha Halim
Valerie Vu
Vicki Su

Class of 2018

Agnes Lau
Bryan Hunt
Catherine Lo
Cathy Wu
Chloe Kim
Elaine Chang
Elaine Lin
Esther Yu Zhang
Glori Ng
Hien Nguyen
Jackie Boudle
Jasmine Kim
Judy Ma
Kevin Tran
Laney Luong
Lisa Le
Michael Peng
Nou Lee
Phuong Lai
Pia Dizon
Vicky Bayrasy

Class of 2019

Amy Sun
Annie Chang
Annie Yan
Austin Williams
Betty Liang
Brian Ngo
Carol Lee
Casey Duckwall
Cesar Rodriguez
Connie Sou
Dana Collier
Danh Huynh
David Yee
David Rhyoo
David Richmond
Engie Salama
Eunice Lee
Eva Duvalyan
Fontaine Ma
Hang Nguyen
Hanul Choi
Helen Hou
Jayson de Guzman
Jennifer Xu
Jose Tinajero
Jung Kye
Karisa Wymer
Kelli Walker
Kristin Ignacio
Kristy Hwang
Lingsan Wang
Lisha Deng
Margarita Chernova
Michelle Cha
Michelle Fang
Monica Eng
Myranda Tillis
Nicole Kong
Peter Nguyen
Ryan Ng
Steven Parella
Susie Chang
Thanh Tu
Themis Wilson
Tiffany Tran
Trung Ky
Uche Mordi
Varinder Grewal
Vishnavi Reddy
YeeAnn Chen
Yuna Song

Bi-Frat Dinner

Two fraternities facing off in the ultimate culinary showdown? YES, PLEASE. SIGN ME UP! When I first heard of bi-frat dinner, the appeal was obvious, but the real treat came in the form of all the people we were able to meet that night. I had not given the event much thought due to the whirlwind that was orientation, and, up until that point, we P1s had only met the select P2s signed up to be our awesome orientation counselors. Therefore, the opportunity to meet so many upperclassmen that night was a really meaningful experience. The scent of desserts alone probably could have made me walk to PDC house all by myself, but the sweetness of the people I met that night is a memory I will never forget. The PDC brothers not only impressed us with the caring and genuinely interesting conversations we shared, but also with the kind and considerate way they treated each other. It was wonderful to feel such a family-like environment, especially for those of us who were far from home. And I think that is a reason I hear over and over again about why people join fraternities: for a bond that lasts a lifetime. The smiles, laughter, and loving personalities I saw that first night have now become even more beautiful as I continue to witness all the times we are there to support each other. So life is indeed like a box of chocolates, or in this case, a house full of desserts: you never know what you're going to get, but I will always know who I want to share it with.

Author: Hang Nguyen

Bi-Frat DINNER



TWIN PEAKS & TACO NIGHT

Twin Peaks and Taco Night

The last time I went hiking was years ago. I still have an intensely vivid memory of it in my mind because I was chased by bees, climbed a hill that was so steep that each step screamed agony, and saw only a mediocre trickle of a waterfall. So you can understand my apprehension when I first heard about the Twin Peaks hiking event; physical torment is not my idea of fun, but I decided it was time to step (in this case, hike) outside of my comfort zone. Plus, there was Luis's famous tacos awaiting after. And so, I put on my only pair of exercise shoes, sucked it up, and went. There were so many of us that we must have looked quite the assembly, marching down Parnassus Avenue and up the winding path towards the hiking trail. The air was brisk, but the walking kept us warm, and the ease and excitement that was 2nd week carried through in our conversations. I never felt alone because there was always someone to talk to, and I still remember some snippets of our lives that we shared. We passed by beautiful, million dollar houses, snapped photos at the top of the hill, joked and laughed, and marveled at the views of the city. And after the final selfie, it was time to head back for some amazing food.

At the PDC house, Luis's amazing tacos lived up to the hype. They were so flavorful and tasty, reminding me of my favorite taco stand back in LA. The salsa and guacamole were perfect complements, and the prospect of seconds was on everybody's minds as we cleaned out our plates. The brothers made sure that all of us were fed before they got food, and I remember feeling so content and happy that I came out to this event. We met so many brothers that day and were able to relax and bond before the stress of the quarter really arrived. Clearly, the Twin Peaks hike and taco night could not have been further from my last hiking experience and is hands down my favorite rush event. It was a day of new friendships, exploration of the city that was now our home, and the first of many memorable PDC events to come.

Author: Carol Lee



CLASS OF 2019

START
OCT16

WHITE COAT

START
OCT16

CEREMONY

TICKET
ADMIT ONE

White Coat Ceremony

Starting the first quarter of pharmacy school with the White Coat Ceremony was so rewarding! As part of the celebration, the brothers put together a little gift for all the P1s. As the P1s started trickling out of their ceremony proudly wearing their white coat, they are congratulated by brothers holding red carnations. Each P1 received a red carnation with a small note of encouragement attached. It was a precious moment! And for those who are interested, an invitation was made to dinner with the brothers. We celebrated the night with Thai food and cake! This was such a special moment between the brothers and P1s and marked one of my favorite rush events!

Author: Nou Lee



BIRTHDAY BASH!!

Birthday Bash

Birthday Bash has been one of my favorite events to go to since I joined PDC. Every year around Halloween, PDC throws Birthday Bash. It is a fun rush event filled with DJ music, costumes, games, and food! Brothers get to socialize and mingle with past and future brothers in a friendly, easy going environment.

This year's Birthday Bash was super fun! The PDC house was decorated in all sorts of decorations-from cute rubber ducky in costumes to scary skeletons hanging on the walls. The basement was filled with bright orange jack-o-lanterns and colorful, flashing lights.

I really enjoyed seeing all the costumes, playing games with brothers, taking hilarious pictures in the photo booth, and engaging in fun conversations with brothers. Overall, it was an enjoyable night and I look forward to it again next year!

Author: Elaine Chang





Progressive Dinner

Zeta chapter may not have the most charismatic orators or eloquent visionaries, but we set the standard at UCSF as leaders by example. Progressive Dinner at the PDC House has a long tradition of warm food and heart-felt conversation. There's nothing quite like the challenge of preparing a cozy, home-cooked meal for over 50 people to bring brothers together and showcase the spirit of PDC. We pooled the talents of many devoted brothers as we brainstormed menus, tested recipes, worked and re-worked budgets, mapped floorplans and schedules, and advertised our event. From grocery shopping to chopping onions, from setting tables to washing dishes, each task, no matter how small, was valued and performed in the spirit of brotherhood. Brothers who couldn't otherwise help at the event generously donated the funds to make this Progressive Dinner part of the most successful Rush season in Zeta history. The camaraderie and sense of accomplishment that we fostered while preparing for the evening carried our brothers through the rest of the night as we demonstrated to our rushees the inclusion, acknowledgement, and support that comes with being a PDC brother. Each truly needs the help of the other, and together, we can achieve anything.

Author: Cathy Wu



Phi Delta Chi THANKSGIVING Dinner

Thanksgiving Dinner

Thanksgiving is a time to spend with family and think about all the things we are thankful for in our lives. Most people usually go home to celebrate this occasion. However, PDC gave students a chance to get together and celebrate Thanksgiving with what can be called their second family. Every year, PDC Thanksgiving is one of the most important events of Rush season, requiring the booking of a large banquet hall and the preparation of a huge and sumptuous feast. This year was no different. Brothers spent hours cooking turkeys, chickens, pastas, salads, and an amazing array of desserts that were thoroughly enjoyed by all during this heartwarming occasion. The soon-to-be pledges had a great time mingling with brothers, faculty and resident alumni, and alumni from different schools. One of the most memorable moments, however, was when the older brothers ceremoniously gave the future pledges their pins to mark the beginning of their pledging journey. The board also took the time to recognize the Brother of the Quarter, Phuong Lai, for her hard work and dedicated passion to the fraternity, especially during such a busy time as Rush quarter. Officer of the Quarter went to Cathy Wu who worked tirelessly to help implement all the fun-filled rush events in the last quarter!

Zeta chapter came together and gave thanks for all the amazing bonds of friendship that they had formed in Phi Delta Chi. The wonderful Ralph Saroyan was also an honored guest and gave us his words of wisdom on what PDC and brotherhood is truly about. This occasion could not have been any more heart-felt as brothers really were able to spend Thanksgiving with their UCSF families!

Author: Eva Duvalyan



Tahoe Trip

For me, Tahoe was all about connection – with my pledge class, with the current brothers and alumni, and with nature. While we explored, walking up snow-covered hills and through forests of ever-green trees, we had the opportunity to grow closer to one another. One of the highlights of the trip for me was making dumplings together – learning the folding technique, patiently waiting for them to cook...then relaxing and enjoying the delicious product of our hard work! We had a white elephant gift exchange, and some of the surprises were pretty creative – one of the most popular being an R2D2 lunch box with LED lights and sound effects. My items kept getting stolen away, time after time (for a grand total of 4), but I was alright with this, since I felt like the true thrill was the unboxing itself! We ended the night with an activity about gratitude. Between flying balls of yarn and hilariously miscalculated overthrows, each of us expressed our appreciation towards someone who had made a difference in our lives. We sat together in that room, all connected by the yarn, and also by our love for one another as a big and happy PDC family.

Author: Susie Chang

Tahoe Trip



Fundraising!

Valentine's Day Grams and Bake Sale

The Fundraising pledge committee really came together to pull off a couple of great events this year. We all know that love is in the air in the month of February and Zeta chapter takes advantage of this time of year to hold their annual Valentine's Day Gram Fundraiser. PDC provides all students the opportunity to show their appreciation for friends, classmates, faculty, and significant others by offering hand-made grams that come in various shapes and sizes. Students could choose to purchase cute mason jars filled with chocolate, Hershey's kiss roses, or even ribbon-wrapped roses. Most importantly, each gift has an option of a personalized message! The fundraising committee worked hard to publicize the event, come together for gram crafting sessions at the PDC house, and distribute the grams on the last day. Through hard work, the committee was able to raise around \$800 for PDC and spread the love on Valentine's Day!

A few weeks later, PDC also held their annual Bake Sale which was also a huge success! Brothers pitched in their time and baking skill to prepare a variety of baked goods including cookies, brownies, donuts, egg tarts, scones, muffins etc. These were sold on a busy weekday morning for all of the UCSF faculty and staff to enjoy. Coffee, tea, and hot chocolate were also provided. All in all, it was really satisfying to see everyone's day brighten up as they noticed the bake sale and came over to buy some goodies that would sweeten their morning. With the amount of baking done by brothers for this event, the committee was really able to make an impact with their affordable prices and the fundraiser ended up raising over \$500! Zeta chapter is also proud to say that a portion of these proceeds were allocated for the St. Jude's foundation as well. Our chapter looks forward to another successful fundraising season next year!

Author: Eva Duvalyan

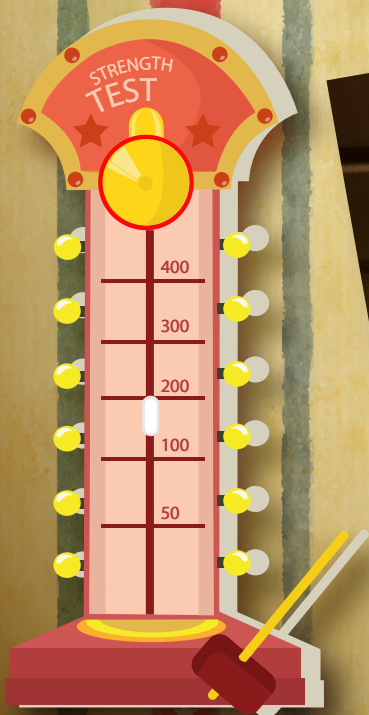
GAME NIGHT

Game Night

As a mandatory pledge event, Game Night emerged from the collaboration of two committees—the Social Committee & Game Night Committee. Hosted at PDC House once again, all 60 pledges and the board members came together for a night of fun activities and many opportunities to bond. An exciting addition and fundraiser hosted by Social Committee at Game Night was the “PDC Mocktail Bar,” a menu of 16 delicious non-alcoholic drinks. Since many social activities involve alcohol, Social Committee decided to provide an alcohol-free alternative that was just as fun and twice as delicious.

The fun games included Just Dance, a team-building activity that gave an opportunity to meet and bond with your fellow pledge class. I remember laughing at people dancing, singing my heart out for karaoke directly after game night, and overall having a blast. The Game Committee did a great job coming up with creative and fun games, and hosting a night of bonding and laughter among our brothers.

Author: Engie Salama



Talent Show

It was 10:30pm, and we were still in Toland Hall practicing. The Talent Show was only 2 days away, and we had a midterm too. But amidst that moment, I felt nostalgic. Annie Chang noted, "Isn't this like how all the dance groups practiced back in undergrad?" She was right. Making sacrifices to practice late at night, struggling to secure a practice location, and my favorite: working hard together with a common goal in mind. But it was different, too. This time, I bonded with my PDC pledge brothers.

Participating in the Talent Show as PDC (Pharmacy Dance Crew...pun courtesy of my co-choreographer Ryan Ng) was one of my favorite pledge experiences. It was so inspiring to see my fellow classmates—some who had no prior dance experience—spend hours practicing the choreography and expressing their hidden dance talents. I was also pleasantly surprised at how engaged everyone was. Engie Salama volunteered to sing the songs when the speakers didn't work, Annie Chang and Trung Ky practiced the routine during study breaks, Danh Huynh had been willing to meet at 8am before class in order to make matching costume t-shirts, Tiffany Tran had an on point "ghetto facial", and Kelli Walker heartwarmingly said, "Dancing in general makes me happy, but dancing with you all makes me even more happy!" And of course, none of this would have been possible without Ryan, who I've gotten to connect with so much more only after co-leading this dance together. Even though our dance only lasted a few minutes during the actual Talent Show, it was the hours of practice and preparation beforehand that engrained memories I'll never forget. If PDC love was analogous to pi electrons, you can say that it was definitely resonating around the ring we formed after we hugged it out on stage.

Author: YeeAnn Chen

TALENT SHOW



Writing for A Cause

Letter & Valentine Writing

After brainstorming ideas, the volunteer committee decided to hold two events: Letters to the Elderly and Valentine's for Benioff Children's Hospital. I was impressed with the turn out for these events! I think people had a lot of fun listening to music and creating something thoughtful. Although these events are similar, the cards we crafted had very different tones, because we focused on opposite ends of the lifespan. It was so cool to see the beautiful drawings and clever jokes. My peers have a lot of hidden talents! I think the effort that went in to these gestures will be appreciated by whoever receives them. I honestly hope we get to do something like this next year!

Author: Myranda Tillis



Big Bro Reveal

Big Bro Reveal

An air of anticipation settles in the room as excited pledges file into Cole Hall. The misleading clues and presents were both helpful but also caused doubt. They seemed to point to specific people, but then again, what if it wasn't him or her? What if I got tricked? As sure as I am, what if the clues were for someone else? The unsaid questions and thoughts swirled around all of our heads as we impatiently waited to guess our bigs.

Before we could guess our bigs, we had to find our twins or triplets first. Then, in Tinder style, we guessed our bigs, and a swipe right erased the anticipation and started the smiles, laughter, presents, hugs, and pictures.

Big Bro Reveal was one of my favorite events as a pledge because it felt like a culmination of finally solving a mystery clouded with uncertainty. Solving it correctly made all of us feel ecstatic as we took family pictures and celebrated with dinner. Seeing and talking about all of the clues just made me as excited to trick and spoil my future little next year.

Author: Annie Chang



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Initiation

2016 Pledge Class

Finishing off Strong!

The event we have all been waiting for since Rush season began, Initiation, the crossing of our pledges into our strong brotherhood. Anyone could feel the pride emanating from the room, coming from both our soon-to-be true brothers and our seasoned brothers. The pledges have worked hard and tirelessly throughout Pledge season to uphold the values and traditions of Phi Delta Chi and join our fraternity. And my fellow brothers and I were excited to be able to call such an amazing group of individuals our true brothers soon after.

As we watched the pledges perform the tasks necessary to cross, we fondly reminisced over the past pledge season. Fresh in our minds were the accomplishments our pledges have made from helping each other prepare for midterms through the academic committee to writing over a hundred Valentine's Day cards for elderly and pediatric patients through the community service committee. As the pledges completed one ritual after another, each representing a cherished value of Phi Delta Chi, we brothers could not have been more proud to have the pledges finish with the promise to continue upholding our motto "each needs the help of the other" and be cloaked in our black sweaters embroidered with the letters of our brotherhood.

Author: Kevin Tran



Phi Delta Chi Banquet

PDC Banquet

Overlooking the beautiful blue ocean with the rays of sunlight reflecting off of the millions of expansive waves, the Moonraker Restaurant was in prime location. Dressed in our bougiest fanciest attire, the brothers dined on seafood, delectable desserts, and freshly carved meat, paired with classy bottomless mimosas and champagne. Towards the middle of the banquet, a slideshow of the pledges and the pledge process was shown, and transitions for the upcoming year's board occurred with smiles, handshakes, laughter, and speeches. The anticipation heightened in waiting to hear who the incoming WCC was, but of course, applause followed the exciting announcement. The day seemed to stretch on as everyone became happier and more social, and it was only a matter of time before we had to go. Banquet was one of my favorite events; coming together as brothers and celebrating an amazing pledge season as family with some of the best food and drink was more than I could ever ask for.

Author: Annie Chang



P3 Send-Off



P3 Send-Off

On March 9th, 2016, the outgoing and incoming PDC board coordinated a P3 Send Off to celebrate the third year PDC brothers who were leaving for rotation in a few weeks. I recall staying up from 11pm to 4am the night before baking red velvet whoopee pies for the P3s, customizing each of the 30 pies with the name of a P3. I was motivated to make something special for the P3s because my best friends in PDC, and truly my most beloved brothers, were the upperclassmen who mentored and supported me. As a member of the PDC Zeta family, I felt the obligation to show them my love and gratitude.

The event took place at PDC House, and nearly all of the P3s showed up. Plenty of hugs and gifts were exchanged, and lots of love and appreciation permeated the air. Delicious snacks—such as chocolate covered pretzels, key lime pie, and mini-sandwiches—were proudly displayed on the dining room table. Gift bags were lined up neatly in the living room, and a huge poster with all of the P3's names hung in the living room.

Overall, I had a wonderful time and felt like I had the chance to say goodbye to all of the amazing P3s. I miss them dearly, but I'm so glad we could have this event to celebrate the end of their didactic curriculum and wish them the best in their clinical rotations!

Author: Engie Salama

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Graduation

On May 5th, 2016, Davies Symphony Hall was a mixture of black robes, purple leis, and camera flashes. The UCSF School of Pharmacy Class of 2016 had just graduated, and like so many graduations before this one, it celebrated both the end of an era and the beginnings of a new one. The day before, P1 brothers got together to make ribbon leis for the graduating brothers as a way to thank them for all their contributions over the years that made this chapter of the fraternity into what it is today. While many of us did not know all of the P4s, we all had a sense of pride and admiration for them, because we are embarking on a journey that they have just finished. Congratulations, Class of 2016, and best of luck with your careers!

Author: Annie Yan

CONGRATS GRADS!!



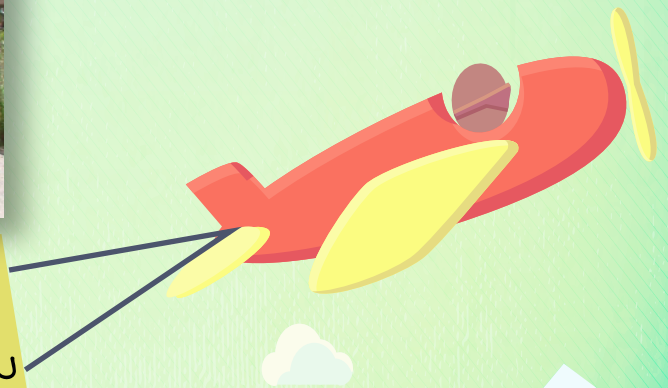
Sunol Wilderness Hike

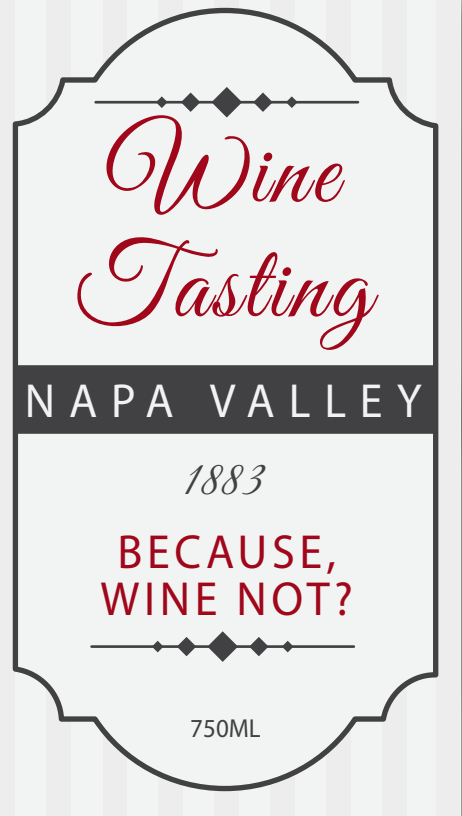
The Sunol Regional Wilderness hike was one of my favorite group activities where I could spend quality time with my fellow brothers and enjoy the outdoors. An early morning hike where we spotted a mother deer and her fawn was just what we needed to switch it up from the daily routine of 8am classes. Once we started off on the trail, everyone's excitement was evident as it radiated throughout our group. It was great to see everyone looking out for each other as we scrambled over rocks and pointing out poison oak so that no one would get allergic contact dermatitis from it. After exploring around the area and taking hundreds of pictures, we headed out to get lunch and Ma-Cha ice cream milk green tea. I can't wait for another opportunity to bond with our brothers in the great outdoors and am looking forward to spending more time with them!

Author: Austin Williams



HIKING ADVENTURES WITH PDC





Napa Wine Tasting

When is it worth waking up early in the morning and making yourself look photo ready? When you go to Napa with your favorite people. Cruising to Napa with laidback and chill music playing in the car as you chat with your big and triplet made for a perfect car ride. We started off our bougie day of wine tasting at the beautiful Castello di Amorosa, a 13th century castle replica. With tastings of five wines, we spent much of our time exploring the castle grounds, taking a plethora of scenic photos with the sun lit castle, flowers, and vast vineyards that seemed to go on forever. We finally left for the second winery, V. Sattui, after we were all satisfied with our classy photos. The relaxing garden and calming green picnic areas were perfect to pop open some bottles of wine and indulge in some prosciutto pizza or rib sandwich. Officer of the Quarter, Brian Ngo, and Brother of the Quarter, Trung Ky, were awarded with some wine and well-deserved attention. Hours flew by, and after some satisfying wining and dining, we drove our way over to Bouchon Bakery for tasty sweets, from macarons to brownies. On a warm spring day, we enjoyed our treats before separating for the day. As the day came to a close, we all reflected on the fun and relaxing day spent with people we can truly call family, and none of us would have had it any other way. Napa was one of my favorite events, and I look forward to Napa 2017.

Author: Annie Chang

Thank You!

Zeta Chapter hopes you've enjoyed the 2015-2016 Reflector!

A special thanks goes out to all the brothers who contributed to the publication with the recounts of their experiences with the chapter. This could not have been done without their help. They really stepped up and helped out even while they were busy with so many other commitments.

Again, thank you so much!

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