



The Reflector

2013-2014



Phi Delta Chi Fraternity
Zeta Chapter
University of California, San Francisco

Table of Contents

Letter from the Editor	2
Rush Events	3
Bi-Frat Dinner <i>by Fiona Wong</i>	4
Progressive Dinner <i>by Nozomi Giese</i>	5
Pledge Events	6
Thanksgiving Dinner	7
<i>by Luis Marin Perez</i>	
Lake Tahoe Trip <i>by Helen Kay</i>	8
Scavenger Hunt <i>by Valerie Vu</i>	8
Big Brother Reveal <i>by Danning Ma</i>	9
Tea and Bake Sale	10
<i>by Katherine Tran and Elaine Mac</i>	
Professional Outreach	10
<i>by Trisha Halim</i>	
Showcase <i>by Leo Salvage-Low</i>	11
Karaokie Social <i>by Anita Lee</i>	11
Big Little Song	12
<i>by Nozomi Giese and Adele Feng</i>	
Post-Initiation	13
Banquet <i>by Uyen Duong</i>	14
P3 Sendoff <i>by Edna Cheung</i>	14
Napa Trip <i>by Elaine Mac</i>	15
Reflections	
What Brotherhood Means to Me	16
<i>by Vicki Su</i>	
The Strength of Fraternity	17
<i>by Garrett Foo</i>	
Moving Forward <i>by Johnny Chin</i>	18
The Road Ahead <i>by Michael de Guia</i>	19
Zeta Roster	20
Outgoing Cabinet	21
Incoming Cabinet	22
Thank You Alumni	23
Messing Around with PDC	24

Letter from the Editor

Alterum Alterius Auxilio Eget

My friends and fellow brothers,

As I proudly present to you this edition of The Reflector, I have looked to the very significance of reflection and what it means to reflect. In the context of a newsletter, it is easy to view reflection as thinking back on this past year — remembering the events we've thrown, the fun we've had, and the many friendships we have fostered.

In truth, as I compiled the pictures and articles for the newsletter, I found myself reminiscing with fondness over the events that impacted me — hearing heartfelt testimonials at the Alumni Mixer, playing board games in Tahoe, and feeling disoriented yet awed at Initiation.

I started to think about reflection in another sense, reflection as in a mirror and seeing yourself clearly. Through Phi Delta Chi, I have been able to be myself without inhibition and, as a result, to view myself and the fraternity with clarity. I hope that in reading The Reflector, you too can clearly see the sense of community and camaraderie in Phi Delta Chi that is so apparent to me.



Rush Events

The PDC brothers kicked off the new school year by welcoming the Class of 2017 with many exciting events including Bi-Frat Dinner, Clubbing Night, a hike to Twin Peaks, Internship Night, White Coat Celebration, Alumni Mixer, Birthday Bash and Progressive Dinner.

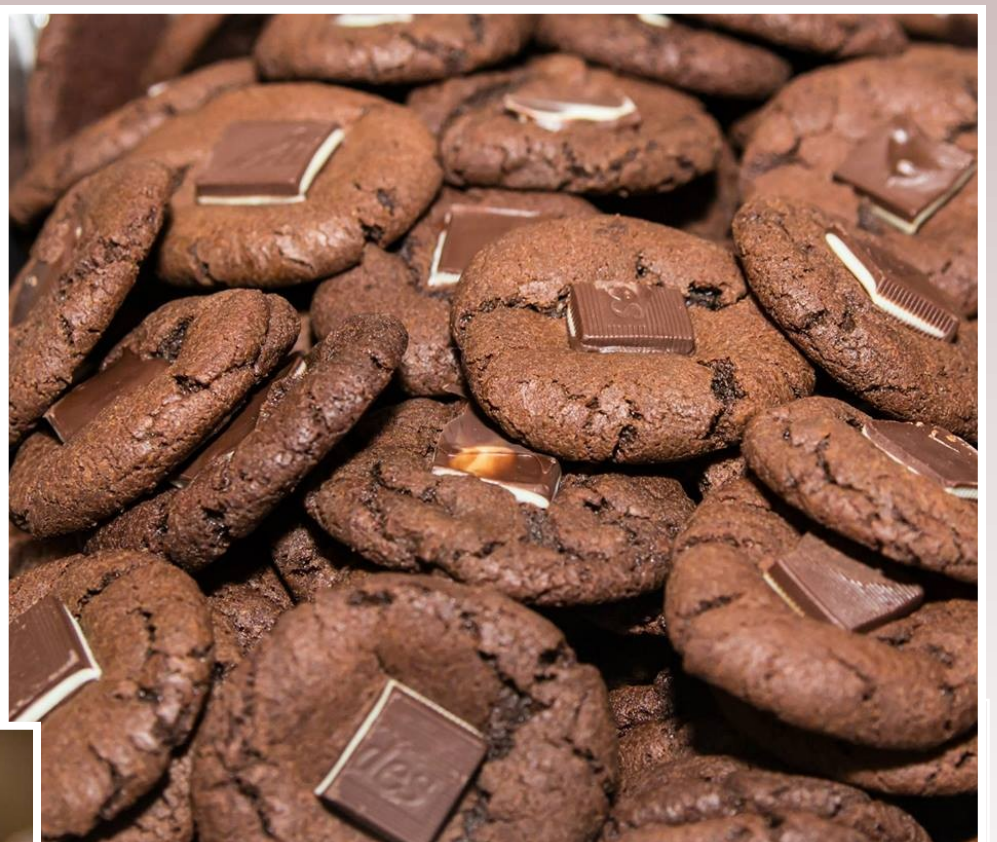


Top Left: Welcoming the Class of 2017 at White Coat Ceremony
Top Right: Tea and Lots of It at Bi-Frat Dinner
Bottom: On Top of the World for the Twin Peaks Hike

Bi-Frat Dinner

by Fiona Wong

I stood in front of what seemed to be an ordinary house, feeling anxious to see what fraternity houses looked like. I had never been inside a fraternity house before so this was a new experience for me. When I stepped in, all the brothers were so welcoming and willing to engage in conversations with everyone. Conversations aside, let's talk about the desserts! I was amazed by the brothers' creative baking skills and home brewed tea (Thank you Peter Truong for that SICK tea!). It was definitely the best dessert and tea I have tried during my first days here in San Francisco. All in all, this rush event made me feel as comfortable as if I were back at home with family and friends. This house and all it entails wasn't just an ordinary place – it is the home of Phi Delta Chi and I am proud to be a part of this fraternity.



Progressive Dinner

by Nozomi Giese



This was the last event of the rush season, and to me, it was the best. I had never been to a progressive dinner before, and had only heard of such a thing from Desperate Housewives. I had high hopes for delicious food and conversation, and boy, did they deliver!

Each of the three courses of the meal was eaten in a different room and with different Brothers. There was a mix of upperclassmen and even alumni at the tables, seated such that we were interspersed between them to shake things up. Some Brothers I had met before, others I met for the first time, but by the end of each course I felt that I got to know each of them a little better. It was a casual environment that fostered unhurried and fun conversation beyond the superficial “getting acquainted” phase. There was laughter and bonding between bites of amazing salad, alfredo pasta, tender chicken, and luscious cake! Let me tell you, PDC Brothers sure know how to cook. I could tell that everyone had put in so much effort organizing and cooking and making us feel welcome – it truly showed how much the Brothers cared about getting to know us.

For me, Rush season was unforgettably fun but I was still craving more quality time to get to know the Brothers. This was the perfect event to do just that: it felt like a regular dinner with friends, talking about things other than school, without phones and TV’s and loud music to detract from conversation, and getting way too full on all the food. Progressive Dinner was the event that made me fully confident in my decision to join PDC. The Brothers were so welcoming, caring, and down-to-earth, I knew that I wanted to be a part of this family. At every event since, I have felt only gratitude for the chance to get to know these wonderfully accomplished and genuine individuals. I look forward to many, many more dinners with my Brothers :)



Pledge Events

As Rush ended, the new pledges got to know the brothers and each other through brother-led events like Thanksgiving Dinner, a Tahoe Trip, the Scavenger Hunt and Big Brother Reveal. The pledges (soon to be brothers) also held their own committee events such as Game Day, Community Outreach, Showcase, Karaoke, and Professional Outreach.



Top Left: Crossing the Fjord in the Scavenger Hunt

Top Right: Esther's winnings after Showcase

Bottom Left: Mike Yang's Spam Musubi for the Tea and Bake Sale

Bottom Right: Do you want to Build a Snowman? Some Fun on the Tahoe Trip

Thanksgiving Dinner

By Luis Marin Perez

“I felt at home”

Thanksgiving has always been one of my favorite holidays. As a kid, I was excited simply because I got to eat several different foods in one sitting. The holiday gained much more significance during my undergraduate years since it allowed me to fly back to my sleepy suburb, catch up with my parents, and share laughs with my siblings. It was a chance to rebuild some morale and relax before heading off to duel with my final exams.

You can imagine that I was pretty excited when I learned that my first PDC event after deciding to pledge was a Thanksgiving-style dinner. It seemed like the perfect way to meet our future brothers and grow a little closer to my fellow pledge class. Right upon entering the City Lights room in the Millberry Union, I felt welcomed. I smiled as I saw our WCC greet us with a Pilgrim turkey blooming from the top of her head. I had arrived a little early, so I had a quiet conversation with some of my classmates. The volume in the room soon increased as brothers started trickling in and socializing. Besides seeing the somewhat familiar faces of the P2s, I saw brand new upperclassmen. Our chapter isn't the biggest, but soon the room was brimming with laughs and smiles.

As I piled my plate with Thanksgiving classics and other delicious dishes (cornbread and chow mein make a starchy heaven), our lovely WMAs began calling up tables in order to let brothers introduce us and pin us. After receiving our pins, we had the chance to say some words of gratitude. I looked out at the crowd and as I said my words of thanks, I felt something that I hadn't yet felt at UCSF. I felt at home.



Lake Tahoe Trip

by Helen Kay

The Tahoe trip was my favorite pledge event of all. I've never been in such a big cabin before. It was really fun getting to know my pledge class and the brothers. We played Cards against Humanity and we built a really cool snowman. It was like a big slumber party with all my brothers. We had such a great time; we stayed up until 4 in the morning just talking! I can't wait to go back to Tahoe next year with all of my fellow brothers and future pledges.



Scavenger Hunt

By Valerie Vu

Within all of us, there's a competitive streak. PDC brothers are no exception. Scavenger Hunt forced all the pledges to put on their game faces and work together. The brothers set up multiple rooms throughout campus with games in each room, including Pictionary, Human Knot, Charades, and many others. The pledges, separated into several teams, were tasked with gathering clues in each room in order to guess the correct PDC brother. In the end, the teams all had to guess their PDC brother.

Personally, Scavenger Hunt was one of my favorite pledge events. Not only did I get to display my competitive side, I also got to bond with my fellow teammates and pledges. Although no winner was announced, I still believe in my heart of hearts that my team and I, Team 5 (copyright pending), were the real winners. Competition aside, it was a great way to get to know each other and have a lot of fun in the process.



Big Brother Reveal

By Danning Ma

Brother 1: Where are my...
Brother 2: Sunglasses? Did you check your...
Brother 1: Yes, I did. My head is the first place I look.
Brother 2: What about...
Brother 1: My pockets? I’ve checked there too. Nothing.

This is common. We finish each other’s sentences and anticipate each other’s needs. We encourage each other to stretch our possibilities and opportunities. We comfort each other in times of need and our triumphs are sweeter because they are shared. This is what Brotherhood entails, grounded in these simple yet memorable pleasures.

On the night of Big Brother Reveal, we became even closer, strengthening those bonds of brotherhood. After weeks of speculation from the gift clues we received, it was finally time for us to find out who our big is. We made our way around the living room asking, “Yes” and “No” questions to help us guess the identity of our bigs. Some found their bigs very quickly while others took a more leisurely pace. Nevertheless, by the end of the night, everyone found a new friend and mentor with whom they share a close knit family.

Ten, twenty years from now, we may not remember our pharmacy school interview or our first OSCE experience. However, we would always remember this night where we ate with our new families for the first time, sharing stories about our lives amidst a mixture of warmth and laughter. This event was near the end of the pledging process. It marks the beginning of an everlasting relationship with a newly chosen family, but also a commitment to extend that spirit of compassion and selflessness to future pledges.



Brotherhood Supplement Facts		
Serving Size: Unlimited		
	Amount Per Serving	% Daily Value
Compassion	25,000 IU	200%
Envy	0 IU	0%
Selfishness	0 IU	0%
Anger	0 IU	0%
Trust	1500 mcg	150%
Failure	0 mg	0%
Friendship	600 mg	200%
Happiness	800 mg	300%
Encouragement	200 mcg	*
Respect	100 mg	*
Other Ingredients: fun, hugs, laughter		
* Daily value not established		

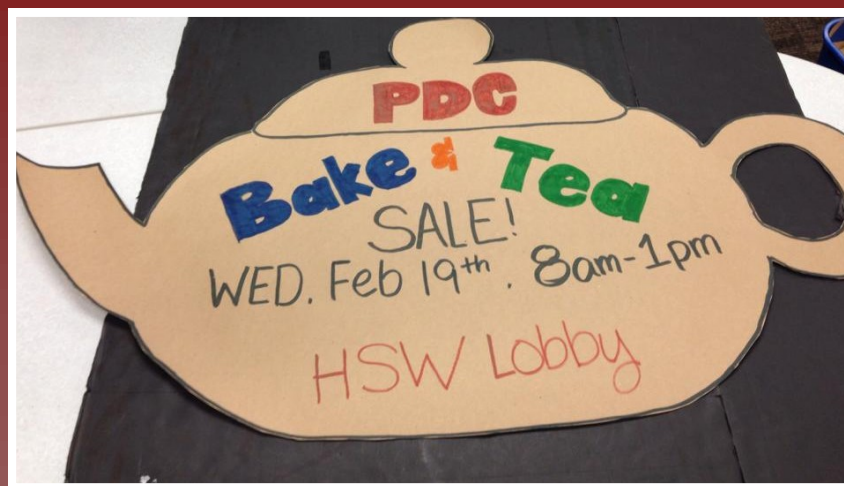


Tea and Bake Sale

by Katherine Tran and Elaine Mac

More than 30 brothers donated items to our successful Tea and Bake Sale and everyone showed up to support, purchase baked goods, and volunteer their time. 'Nuff said. We exhibited our motto, Alterum

Alterius Auxilio Eget, Each Needs the Help of the Other and made about \$850 for our chapter. Portions of the proceeds went to St. Jude's Children's Hospital and the purchase of Phi Delta Chi block letters for the fraternity house. Extra special thanks goes to Mike Yang, Peter Truong, Mike de Guia, our fundraising committee and, actually, just everyone from baking the day before, to get up in the morning, and to closing down in the afternoon.



Professional Outreach at SFSU

By Trisha Halim

Of the many pledge events that the PDC pledges coordinated, the professional outreach event was an occasion close to our hearts. We were scared, overwhelmed incoming pre-pharmacy students once, who had to go through the intensive process of applying to pharmacy schools. Now that we are in pharmacy school, we wanted to give back to pre-pharmacy students by guiding them through the daunting pharmacy applications as well as by being living proof that they can survive through it all.

For the professional outreach event, PDC pledges coordinated and presented to the pre-pharmacy society club at San Francisco State University (SFSU) on how to get into a non-specific pharmacy school. Over 30 pre-pharmacy society members showed up to their general monthly meetings, which was where we PDC pledges presented our topic. The night started with a presentation of a video clip about first year UCSF pharmacy students answering the question, "what is one advice you would give to incoming pharmacy students?" Advice such as "keep in touch with your letter of recommendation writers," to "enjoy your summer before school starts" were some of the responses given to SFSU students. The video clip was then followed by a thorough presentation of the application process. From how to navigate PharmCas, to tips on studying the PCATs, to what to expect about interviews, we covered everything that pre-pharmacy students might face. We ended the information session with a Q&A panel, where many SFSU students took advantage of interacting and asking UCSF students about their personal journey of getting into pharmacy school.

The PDC professional outreach event was a successful night. We not only got to promote and draw interests towards pharmacy as a dynamic and rewarding profession, but we got to mentor future pharmacy students who will potentially be our colleagues in the small world of pharmacy.

PDC Talent at Showcase

by Leo Savage Low



Going to and organizing Showcase was kind of like walking down a dimly lit street in SOMA. I had no idea what was going to happen (or even if it would happen) and I didn't know if it was going to be good or bad. Some of the acts were definitely not what I expected, but thankfully they were all good. In fact, I'd have to say they were all great! I mean, where else do you get to see your brothers jumping up and down like they're trying to rope a cow, or sing Disney songs in French? There were a total of eleven acts and the event easily stretched for an hour and a half. There was singing, there was dancing, there was laughter, and there was even a warm and fuzzy moment when big and little declared their never ending platonic love for one another. We had a potluck dessert fest so there were multitudes of cookies and cupcakes floating through space. It was nice to have fast glucose available because some of the acts were quite strenuous. Everyone who crossed the "fjord of acid that causes the blindness" (said with a 'smooth' accent) knows exactly what I'm talking about. All in all though, Showcase was a fantastic event that pushed comfort zones, revealed hidden talents, and most importantly, it was an event that brought our pledge class closer to each other and to our soon to be brothers. After all of that, I can't help but be excited for next year!

Karaoke Social

By Anita Lee

This particular day was truly an eventful one that flooded us with PDC bonding and love. It started off with our fourth pledge meeting in the early afternoon,

followed by an amazing showcase in the early evening, which was put together by such talented PDC brothers who dedicated the time to prepare remarkably entertaining performances. And last but certainly not the least, the third PDC event of the day was the Karaoke Social. Yes, three pledge events in one day. It was a tough, long Friday. This social, however, was one of the most memorable pledge events that came to my mind because it was a relaxing yet fun time spent with my pledge class. Karaoke was held at the PDC house and was an awesome way to unwind after a long week and greet the weekend with fellow brothers while singing our hearts away with some of our favorite songs. We sang songs in Spanish, Korean K-pop music, and of course, Disney classics. When it came to songs we all knew or were familiar with, everyone joined in and sang out loud. We even ordered three large pans of pizza to feed our hunger from exhausting all our fun-having energy. In the midst of bursting voices, I also sang along and immersed myself in the sense of closeness and intimacy with the brothers. Despite my terrible singing voice and or quirkiness exposed that night, I was again reminded of how fortunate I was to spend the Friday night with the people I get along with. These individuals were people I knew I could turn to when school gets hard or when you simply need some fun balance in life. The karaoke social gave me the certainty that I have a second family away from home on whom I can rely academically and socially, during and beyond pharmacy school.

Big Little Song

Lyrics by Nozomi Giese and Adele Feng

Sung to the "Love Song" Melody by Sara Bareilles

Head outta lab
And they tell me I smell like formaldehyde
Which muscle is this, gosh how would I
know that?
A-na-to-my is just too hard you see
Which is flexion/extention?
It's unusually hard to remember.

Brain farts on the Written
No easy way to ask this
Adele, could you please please please help
me

I'm not gonna write you a study guide
'cause you asked for it
'cause you need one, you see
I'm not gonna take your exams for you
'cause you tell me it's make or break your
grade
Well, you're on your way
I'll try to help you to pass that class
I won't do it for free, so those oatmeal
Craisin cookies should be given to me now
today, yay

I'm glad you like them
It took me time to perfect the recipe
I made a new batch al-
most every single day
And I got so darn fat,
I can't do that
Shouldn't bake without company
Baking solo is deadly (for the waistline)

Now you're my bake buddy
Making my baking dreams come true
I'll bake and just make you fat instead of
me (:|)

I'm gonna write you a Yelp review
It'd be rude not to
I'm addicted to food
I'm gonna give you 5 outta 5
'cause all your baked goods
Always activate my cephalic phase
I'm gonna write you a glowing review
The least that I can do is tell the world how
highly I rate you and your food today
Promise me that leg pops are just our thing
Our pazzazz is intoxicating
Don't need no beer or wine
'cause the drinking song works just fine

I'll aim to be there for you
'cause that's what Bigs do
As Brothers, we're true
We try our best to keep from excess
Though the food we make is the rule we
break

And that's why I wanted you to be
The Big for me
'cause we're two peas in a pod
We're just so complementary
Fremont represent
We're paired perfectly, the WongMas could
see
Our family tree makes us happy
Got Danna, Mike, Luis, Tony
A pyramid stability
The two of us were so happy when we knew
we were made to be Big and Little we're
lucky,
lucky.

Initiation and Onwards

PDC welcomed its newest brothers through Initiation and got right to making them feel like true brothers. At Banquet, we honored our most dedicated members and the outgoing board members passed the torch onto the new generation. With the start of the new quarter, PDC also held a Napa Trip where the brothers enjoyed the scenery, the company, and of course, the wine. Finally, we bade goodbye to the P3's as they headed off to rotations throughout California.



Top Left: Picnic at V. Sattui Winery in Napa
Top Right: Fraternal love at Initiation
Bottom: 2nd Year Brothers at Banquet

Banquet

By Uyen Duong

Banquet- a night of fine dining, glamour, laughs, tears of nostalgia, and most importantly, long-lasting brotherhood. It is hands-down my favorite event of the year and it is easy to see why. This is one of the few times that brothers from all different classes reunite, along with alumni to celebrate PDC and one another. It is exciting to see what the chapter has achieved that year and to see the future that it is capable of, in the hands of the new board. Seeing family lines span over 4 generations is remarkable and speaks to the longevity of PDC bonds. It also gives a sense of belonging to a great network of emotional and professional support. For me, it is a time to remember family. During the year, everyone's schedule is just so hectic and putting off lunch dates becomes the norm. But banquet is a staple, a time for me to re-connect with those who inspired me to join PDC and be a brother. Hugging my big, getting drinks for my little (responsibly), annoying my grand-big, giggling with my twin - these are all the little moments in PDC that I cherish the most and these all happen at banquet to remind me how loved I am and how much love I have for my fellow brothers. I am sure this is a shared sentiment among other brothers and why banquet will always have a special place in my heart.



P3 Sendoff

By Edna Cheung

Bittersweet is a word often used to describe farewells, so initially I thought P3 sendoff would be another emotional mess. Curiously, it turned out to be the happiest farewell I'd ever been too. The mischief began when the Brothers coordinated to write personalized messages on colorful notepaper. This brought me back to the days of yearbook signing, in which we shared our deepest meanings of friendship. In wishing P3's good luck on the climax of pharmacy school and pampering them with compliments about how inspirational they've been, each note allowed me to reflect on the bonds I have formed in PDC.

Little did I anticipate being in such a close-knit family that I would be able to write a note to each P3; not just a generic good luck note, but each one branded with personal memories, whether it be simple like how we met or unforgettable stories going way back. (Personalized medicine, anyone?) I realized that this was not a time to say goodbye. On the contrary, it marked the beginning of Brotherhood. That is why, despite the enormous poster with a sad crying face, I wasn't really sad during the P3 sendoff; rather, I was thankful for having met these amazing Brothers, I was proud of them for going off to rotations, and I was excited for the adventures that laid ahead. During the event, there were only smiles and laughter (and some indulgence in the delicious hors d'oeuvres). It is clear that the ambiance was one of fraternal camaraderie: throughout the land, across the sea, no matter where you be... and we will never once forget we're Phi Delta Chi.

PS Don't poke fun at me for being sentimental... AAAE :')

Napa Trip

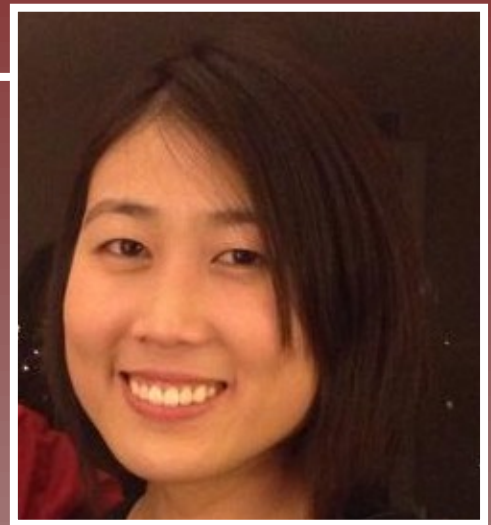
By Elaine Mac

The Napa trip was a great opportunity for brothers to bond near the end of the year on a nice, sunny afternoon. Twenty to thirty brothers attended this event and all had a great time wine tasting at three different wineries. The first winery we went to had limited seating capacity, so some brothers stayed to wine taste while others enjoyed the scenery in the surrounding area. We then met up with all the brothers in the second winery, V. Sattui Winery, where we had lunch together and all had the chance to enjoy some wine tasting. The third winery, Chateau Montelena Winery, was a very beautiful winery with a stone castle that overlooked a Chinese garden and lake where brothers were able to bond, relax, and take photos together. Finally, we enjoyed delicious macarons and other baked goods at the highly rated Bouchon Bakery near the end of the day before heading home. It was a great event to allow all the brothers, especially the newly initiated brothers, to relax and bond after a year of rush and pledge events!



What Brotherhood Means to Me: A Journey of Brotherhood and Food

Written by Vicky Su



“We were already immensely grateful for the unbreakable bonds of brotherhood”

Please allow me to take this opportunity to review the amazing Food I have eaten with PDC. The strong bond I share with my brothers is firmly embedded and built upon this amazing PDC food journey.

Let us start with Bi-frat dinner. The array of desserts astounded me. There were Minion cupcakes, 10 different cookies, dark chocolate brownies, and even my favorite boba (thanks Peter)! The dessert set up rivaled the Vegas buffets I have been to. As I stuffed my face, many brothers approached me and spoke to me. They did not greet me with only shallow rehearsed advertisements for the frat. The brothers sought to learn more about me. They eagerly shared their experience and passion for PDC. After dessert the PDC house, I didn't even bother going to the other fraternity's events since I had made my decision already.

Next on my food tour was the Alumni Mixer event where I experienced my first taste of the “PDC Potluck.” Again the brothers presented a smorgasbord of delicious items to choose from. This time while I gorged myself with delicious sandwiches, pasta salad, and fresh salads, while I learned from alumni just how far our brotherhood extended. PDC brothers in Boston lent room and board to a Floridian brother who was stranded during an overnight layover. This “Auxilius Alterum Auxilio Eget” tugged at my heartstrings.

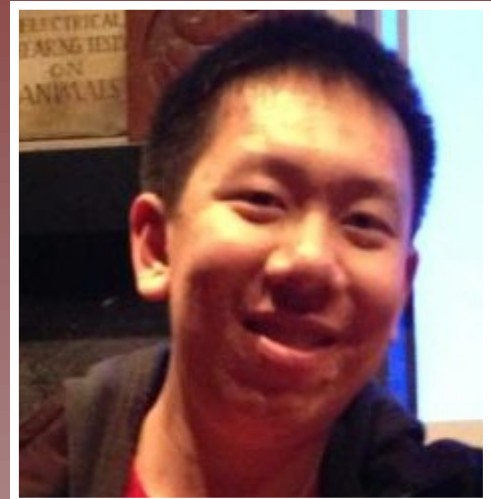
Progressive Dinner offered another taste of PDC cooking. The brothers produced a fancy three course menu that included fresh salad, option of marinara meatball or chicken alfredo pasta, and tiramisu or chocolate cake. The upperclassmen even served us dinner instead of a buffet style line. Through the event, I chatted the night away with P3's I met for the first time and got to know the P2's better. This event was a rushee favorite and many pledges made their decisions after attending this intimate affair.

The last event I want to cover on my food tour is Thanksgiving Dinner. The brothers held the dinner in appreciation of the pledges. However, I am pretty sure the most thankful thing that night was my stomach. I have not had turkey for years since my family hates dry poultry but the expert cooks at PDC outdid themselves. Dishes encompassed options from American comfort food like mac and cheese to Korean dukbokki and Chinese fried rice. With food and laughter, we, the proud pledges, accepted our pins and stated what we were thankful for. Our journey with PDC had just begun, but already we were already immensely grateful for the unbreakable bonds of brotherhood. This is just a little taste of my food journey with PDC. I do not need to promise to continue this endeavor because it will undoubtedly continue.

What Brotherhood Means to Me:

Written by Garrett Foo

*“Brotherhood symbolizes
unconditional support”*



The idea of Brotherhood is often a subjective and controversial concept to grasp. To some, Brotherhood represents the epitome of tradition, existing solely as a continual process that is preserved and repeated year after year. Any deviance or variation from how things have been traditionally performed is considered abandoning the Brotherhood and frequently met with resistance. Contrary, others may perceive Brotherhood as the sole symbol of innovation. To do everything different from the years prior truly progresses the Brotherhood forward and anything less is considered a disservice to the fraternity. Although extreme and polar, I suppose these two very opposite ideals each hold their own relevance and certain degree of truth.

In my years as a brother of Phi Delta Chi, I've realized Brotherhood shares a variety of characteristics and forms. To begin with, Brotherhood symbolizes embracing our differences. As much as PDC prides itself in being this happy and loving family, the reality is our fraternity operates more like a real-life family, complete with its own dirty laundry and drama. However, despite any conflicts, we have never let personal disputes divide the fraternity. Secondly, Brotherhood symbolizes pride. From the most proactive to the practically invisible, every brother represents the passion of our fraternity, regardless of how loud their voice may be or how frequently they attend events.

Finally and perhaps most importantly, Brotherhood symbolizes unconditional support. Life will often present with situations that we are unfamiliar or completely disagree with, causing us to question the intents or actions of others. Nonetheless, we must learn to disregard our personal inhibitions and opinions, especially when it benefits the greater good. Whether in patient care or fraternal affairs, the welfare of an individual should never overshadow the welfare of the entire group. That said, the greatest strength of our fraternity lies not in an intangible concept called “Brotherhood,” but rather in our abilities to look past our individual differences and personal prides and support our Brothers unconditionally at all times.

Reflection by the Outgoing WC

Written by Johnny Chin



“Let us continue the greatness that is Phi Delta Chi”

As your outgoing (literally) Worthy Correspondent, I want to thank everyone in Phi Delta Chi for the precious times we shared. Reflecting on the monthly reports I compiled, I can see the sheer amount of joy and excitement we encountered this year. The Twin Peaks hike, Tahoe Trip, and Napa Trip were some of the countless number of events we had. We also contributed to charity, including our donations to St. Jude’s Children’s Hospital, and our commitment to academic excellence via Internship Night and tutoring sessions. With many activities carried out by our chapter, we are on track to receiving the Dale W Doerr 100% Achievement Award from the National Office!

But let us not do the bare minimum for the chapter. Let us expand our brotherhood by being more involved – locally and nationally as a chapter. Let us continue the greatness that is Phi Delta Chi.

I want to give a shout-out to the cabinet this year – thank you for your hard work in making PDC possible. We survived on our budget, made travel itineraries, and brought in an awesome pledge class!

And without the support of my brothers, completing monthly reports and submitting them on time would be difficult. I thank everyone who has contributed their Zeta Reflector articles, pictures, and other content required by each report. Although these tasks are repetitive and mundane, such support from the brothers shows how they really care for each other.

Again I thank everyone for an awesome year as I retire from cabinet. I am excited that Valerie Vu will work as your Worthy Correspondent this year. I am confident she will do a great job!

The Road Ahead by the Incoming WCC

Written by Mike de Guia

“Without the support and friendships I’ve gained through this fraternity, I adamantly believe I would not be the person I am today”



Being ever the nostalgic person, I always end up looking to the past before I can envision the road ahead. It was 22 years ago when *The Legend of Zelda: A Link to the Past* was released for the Super Nintendo, and to this day it holds a special place in my heart. In particular, I’m reminded of the ending script when our hero Link is victorious. Face-to-face with the Triforce, a triangle-shaped relic, Link is told the following:

The Triforce will grant the wishes in the heart and mind of the person who touches it. If a person with a good heart touches it, it will make his good wishes come true... If an evil-hearted person touches it, it grants his evil wishes. The stronger the wish, the more powerful the Triforce’s expression of that wish.

As my time as Worthy Chief Counselor begins, I liken the Delta at the center of the PDC Coat of Arms to my own personal Triforce. Throughout the upcoming year, I hope to offer up a good heart and a sound mind. I chose to undertake this position, and the responsibility that comes with it, because I wanted to provide the passion and desire needed to express my strong wishes.

To understand what my wishes are, however, I again need to link myself to the past. Two years ago, I made the choice to leave Los Angeles after living there for all 25 years of my life (yes, I’m that old and still in school, and yes, youthful Asian genes are amazing). It was a daunting task to leave my friends and family behind, but I needed to do that not only for my future career but also to mature and grow as a person. None of this was made any easier by the fact that I needed to adjust to the rigors of professional school after playing video games being out of school for three years. However, what did make this process easier were the amazing people I met by becoming a brother. Without the support and friendships I’ve gained through this fraternity, I adamantly believe I would not be the person I am today.

So looking at the road ahead, my strongest wish is for PDC to continue being a family and providing support for any brother in need. It’s undeniable – pharmacy school is tough and has its ups and downs. To the brother reading this, I want you to know that PDC is never gonna give you up. If you need help, PDC is never gonna let you down. You should never feel alone, because your brothers are never gonna run around and desert you. We’re never gonna make you cry, and we’re never gonna say goodbye. Like your trustworthy friends, PDC is never gonna tell a lie and hurt you. Ultimately, my wish is that each and every brother of Zeta chapter does not feel alone as they embark on their own personal road ahead.

Zeta Roster

Class of 2014

Nghi Ha
 Lauren Louie
 Lena Yoo
 Tina N. Tran
 Sarah Liu
 Jian-ya Lin
 Xue Vee Yang
 Tiffany Chung
 David Troelstrup
 Tiffany Luk
 Noelle Lee
 Vanessa Shih
 Christine Bui
 Eliana Bukofzer
 Esther Fleischman
 Helen Gavrilova
 Jacqueline Kao
 Judy Wu
 Michael Blatt
 Reid Imai
 Tae Kawamoto

Class of 2015

Jessica Mac
 Jessica Chen
 Gloria Lin
 Mai Thao Dang
 Angela Ouyang
 Danna Chan
 Garrett Foo
 Raymond Ngo
 Simon Young
 Bonnie Lau
 Bo Hwang
 Clarice Kam
 Ming Wai Fan
 Alan Wong
 Jean Rao
 Jennifer Chang
 Jennifer Ngan
 Linda Nguyen
 Marissa Hom
 Michael Yang
 Pin Xiang
 Sang Huynh
 Shari Stockwell
 Simon Diep
 Yuliya Blyakherova

Class of 2016

Adele Feng
 Alice Chyan
 Alicia Wong
 Anna Gruzman
 Annie (Sheng-Wen) Chou
 Daisy Wong
 David Tabari
 Derek Phan
 Dorie Wang
 Gha-Hyun (Jeffrey) Kim
 Hien Lu
 Hyojin Sung
 Ion Suehiro
 Jessica Yu
 Johnny Chin
 Joshua Smith
 Julia Choi
 Julia Mwangi
 Krizia del Rosario
 Lien Truong
 Mariko Yokokura
 Mark Yu
 Mee Moua
 Mei Yi (Mary) Zhang
 Michelle Konrad
 Mike De Guia
 Nancy Wong
 Nancy Ta
 Peter Truong
 Phyllis Wang
 Sean Moshrefi
 Stephanie Wong
 Stephanie Wu
 Sum Liu
 Tamara Ly
 Tiffany Lam
 Tom Zhao
 Uyen Duong
 Valdy Tjong
 Vicky Cao
 Yuumi Miyazawa

Class of 2017

"Anita" Seo Yeon Lee
 Carol Ho
 Cassandra Lei
 Christina Szeto
 Danning Ma
 Edna Cheung
 Elaine Mac
 Esther Chung
 Fiona Wong
 Gaohlie Yang
 Hai Duong
 Helen Kay
 Isabel Fong
 Jacqueline Tam
 Jenny New
 Joanie Wen
 Katherine Huynh
 Katherine Tran
 Keil Chase
 Ken Yang
 Khanh Nguyen
 Leanne Thai
 Leo Savage-Low
 Luis Perez
 Nozomi Giese
 Rachel Kim
 Sophie Nguyen
 Stephanie Ho
 Tony Tran
 Trisha Halim
 Valerie Vu
 Vicki Su

2013-2014 PDC Board



Worthy Chief Counselor

Danna Chan

Worthy Vice Counselor

Mike de Guia

Worthy Keeper of Records and Seals

Julia Mwangi

Worthy Prelate

Mee Moua

Worthy Keeper of Finance

Julia Choi

Worthy Counselor

Johnny Chin

Worthy Alumni Liason

Tiffany Lam

Worthy Inner Guards

Peter Truong

Yuumi Miyazawa

Worthy Masters-at-Arms

Alicia Wong

Stephanie Wong

Social/Reflection Chair

Alice Chyan

Webmaster

Dorie Wang

House Manager

Ming Wai Fan

2014-2015 PDC Board



Worthy Chief Counselor

Worthy Vice Counselor

Worthy Keeper of Records and Seals

Worthy Prelate

Worthy Keeper of Finance

Worthy Counselor

Worthy Alumni Liason

Worthy Inner Guards

Worthy Masters-at-Arms

Social/Reflection Chair

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Vicki Su

Trisha Halim

Katherine Tran

Elaine Mac

Valerie Vu

Ken Yang

Jenny New

Keil Chase

Nozomi Giese

Luis Perez

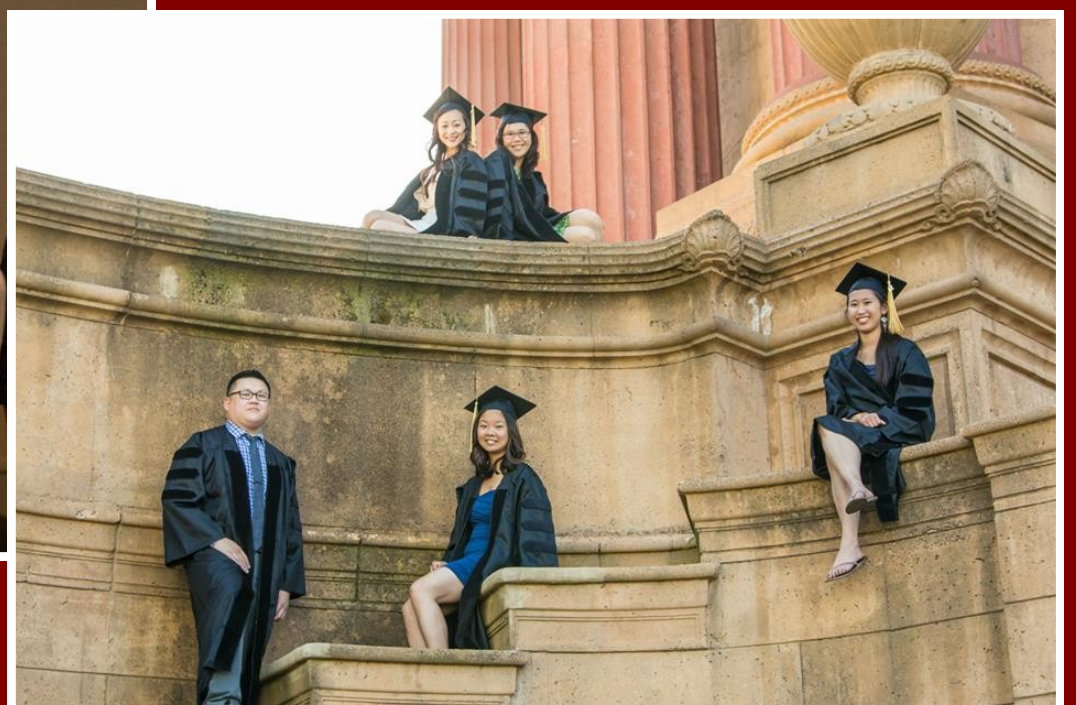
Anita Lee

Fiona Wong

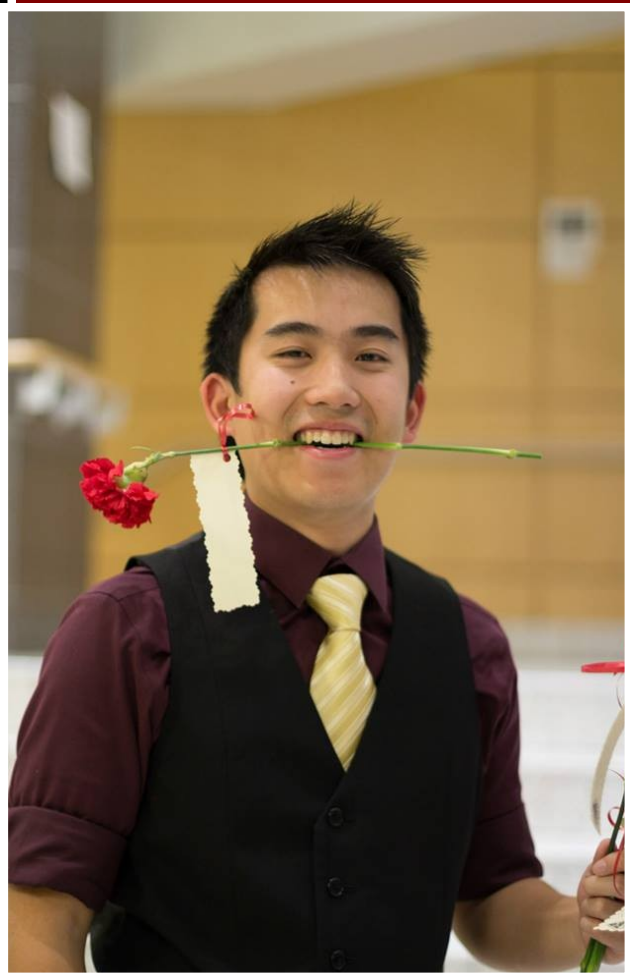
Ming Wai Fan

Thank you Alumni!

We owe a huge thank you to all the alumni who came out to our events , especially our faculty advisers: Dr. Katherine Nguyen, Dr. Elaine Law, and Dr. Maha Kadafour!
Congratulations to our newly graduated alumni!



Messing around with PDC



Special thanks to everyone who contributed to this publication.
Lots of love to all the writers and proof readers!
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